

# CITY OF RICHMOND

## Youth Council Meeting

Tuesday, May 28, 2019

5:30 PM to 6:30 PM

City Hall, 450 Civic Center Plaza, Richmond Room

This meeting is held in a building that is accessible to people with disabilities.



### Members:

Alondra Alvarez  
Eduardo Castrellon  
Mario Gonzalez  
Kashaf Iqbal  
Fatima Lopez  
Ashley Moore  
Alishba Sardar  
Satine Walz

### City Council Liaison:

Demnlus Johnson III,  
Councilmember

### Staff Liaison:

Trina Jackson  
(510) 620-6581  
Vincent Aguilar  
(510) 620-6515

## MINUTES

### A. Call to Order

### B. Roll Call

Present: Alondra Alvarez, Mario Gonzalez, Kashaf Iqbal, Ashley Moore and Satine Walz

### C. Welcome and Meeting Procedures

*Individuals who want to comment on an item listed on the Agenda, may do so by during Open Forum. The standard amount of time for each speaker, in either instance, is three minutes.*

### D. Open Forum (3 minutes per speaker)

Cordell Hinder announced the following events: The Richmond Neighborhood Coordinating Council General Meeting is meeting at June 10th 7:00 pm, in the Council Chambers. The Contra Costa Mayor's Conference will be on July 11th at 6:30 pm, at the Contra Costa Country Club, 801 Golf Club Road. Mr. Hinder would also like to present regarding the Neighborhood Watch Council.

### E. Welcome our new Youth Council Members

The Richmond Youth Council welcomed two new councilmembers: Mario Gonzalez, a Richmond resident and student from Berkeley High and Kashaf Iqbal, a Richmond resident and student from El Cerrito High.

### F. Review minutes of previous meetings

The minutes were reviewed by the Youth Council and no corrections were needed. The minutes were not approved due to a lack of quorum.

### G. Receive a presentation from the East Bay Center for the Performing Arts regarding the new Richmond Living Map and the upcoming launch event in June 2019.

Ms. Garza presented The Richmond Living Map (RMAP) to the Richmond Youth Council. The RMAP is collaboration between the East Bay Center for the Performing Arts (EBCPA) and Healthy Richmond and is a living documents that will be continuously updated to include more information. Every location that is highlighted on the map has been nominated by the community. Public and charter schools, churches, parks, museums, trails, roads, and other important aspects of Richmond are mapped. The RMAP is aimed at elementary kids and for use as an educational tool in local schools. Ms. Garza stressed the importance of public input, as who makes the map decides what is mapped and found. Two details Ms. Garza wanted to point out, the downtown area is enlarged, and the

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### AGENDA

map is bilingual in Spanish and English. One important area of improvement of the RMAP is to update the online version, as well as add an interactive interface which includes more details of highlighted locations. The launch event for the RMAP was postponed until April of 2020, preferably in collaboration with a youth related event. Ms. Garza then finished the presentation and asked the Youth Council for feedback. Youth Councilmember Iqbal asked how did the EBCPA start? Ms. Garza indicated that teachers felt a need to designate a safe place for children to create art. Youth Councilmember Gonzalez suggested adding a pin to make the map more geo realistic. Ms. Garza said that this was a good idea, and pins would provide the chance to highlight the arts and beauty of Richmond. Youth Councilmember Alvarez asked if the RMAP could provide more historical information. Ms. Garza responded that it is a good idea and in line with the CORE standards. Youth Councilmember Walz asked about mapping volunteer opportunities. Ms. Garza mentioned that Ground Work Richmond is active in volunteer opportunities. This map could be a networking resource for businesses and the community. In fact, Ground Work Richmond, RYSE and Richmond Main Street each have a Youth Council. It would be interesting to bring together reps from each Youth Council to make a greater impact in Richmond. Ms. Garza said that the EBCPA will have an event for youth regarding the arts and activism in the spring, and Liaison Jackson asked if the EBCPA could keep the RYC posted. Youth Councilmember Alvarez asked when a digital map would be finalized, and Ms. Garza stated that it is a large project with a long process to create an immersive e-map. The estimated time period is of three to five years to create an e-map.

#### **H. Review project examples brought forth by the RYC, such as the mindfulness video and the example of the mental health resource signs.**

##### **a. Discuss outreach to mental health organizations**

Liaison Aguilar provided an overview of the two projects, the mental health signs in bathrooms and the mindfulness audio clips. Aguilar mentioned that it would be a good idea to think about what information the youth council should pass to the schools. Liaison Jackson stated that the youth council should draft one letter with all of the Youth Council signatures, letting principals know of the proposed ideas. Youth Councilmember Alvarez mentioned that sending letters to principals might be difficult, but asking staff or principals to take a survey or have a discussion should be easier. Liaison Jackson said that sending a Google survey to principals and staff alongside the letter is a good idea. Youth Councilmember Walz said that for the signs in the bathroom stalls, we should find phone numbers for mental health resources.

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### **b. Discuss the next steps in promoting mental health signs in schools**

Youth Councilmember Gonzalez described the series of meditation shared with the RYC. After playing the audio clips to the Youth Council, Liaison Aguilar asked the RYC to brainstorm where meditation can be used in schools. Liaison Jackson asked if the Councilmembers ever meditated. Youth Councilmember Iqbal said that some teachers would use this to calm down the students, and Councilmember Gonzalez said that this was led by students asking teachers, and that it is a good idea to start from the bottom up and have the teachers talk to the administration. Youth Councilmember Alvarez stated that the RYC should create an outline in order to create the first draft of a letter addressed to principals and staff of schools by next meeting. Liaison Jackson asked if there is a department or outreach person that we can send the letter to, other than the principal. We should think about other avenues the RYC can take to get the attention of the administration. Youth Councilmembers Alvarez and Walz agreed to work on the draft and to gather information for mental health awareness signs.

### **I. Discuss attending and tabling the Rich in Health community health fair at RYSE -- May 31, 2019**

Due to scheduling conflicts, none of the RYC members were able to attend.

### **J. Youth Council Member reports and announcements**

Youth Councilmember Alvarez announced that a club at Leadership Academy will be creating health bags for individuals who are homeless. This will be on Friday, May 31<sup>st</sup>, at 4:30 pm.

### **K. Recommended topics to discuss at an upcoming meeting and confirmation of the next meeting date – June 25, 2019**

**a. Presentation from Travis Credit Union on the upcoming Financial Literacy Boot camp on July 31<sup>st</sup>.**

### **L. Adjourn**

The meeting was adjourned at 6:46 pm